

## Highlights of 3<sup>rd</sup> week of Foundation Course

In the third week of foundation course, following sessions were conducted.

### **Session -1: Introduction to Research**

Students were encouraged to involve in research activities during their under-graduate program either individually or with any faculty of institute. This session also included research methodology.

### **Session -2: Alternate health care system & history of medicine**

Many alternate health care systems are prevalent in our country like Ayurveda, Homeopathy, Unani etc. Students knew their importance along with modern medicine. Student also knew evolution of our modern medicine system starting from era of Hippocrates and Sushruta.

### **Session -3: Obtaining patient consent**

This session focused mainly on proper method to take patient consent before any surgery and importance of the consent in ethical and legal aspect. Also they knew different types of consents.

### **Session -4: Field visit to UHTC**

Students visited Urban health training centre attached with the institute. They observed facilities available and working of UHTC. Students visited UHTC in a batch of 50. Visit was organized by department of Community medicine.



## **Session -5: Commitment to life-long learning as an important part of Physician's growth**

This session addressed one of the role of Indian medical graduate and that is Life-long learner. Objective of this session is to know importance to keep us updated with latest techniques, research and treatment in medicine.

## **Session -6: Maintaining a diary and portfolio management**

Objective of this session was to make students aware of how make and maintain their portfolio during entire MBBS program. Making of portfolio is suggested in CBME to keep record of progress of the students.

## **Session -7: Guest lecture on Legal aspects of Medicine**

This interactive session was delivered by Dr. Arvinder Singh, CEO & CMD of Arth diagnostics, Udaipur. Along with MD in Pathology, sir has also procured degree in law and management. Students learnt about various acts and laws applicable to medical profession. This can save them from various medico-legal issues.



### **Session -8: Introduction & working of Central Lab and Blood bank**

In this session, student knew about central laboratory of the hospital and its working pattern like registration and sample collection, various sections of central lab like pathology, microbiology and biochemistry along with their sub-sections. Also they gain knowledge on working of blood bank like pre-checkup of donor, blood collection, analysis and preservation of blood & its components.

### **Session -9: Student involvement in research ICMR STS**

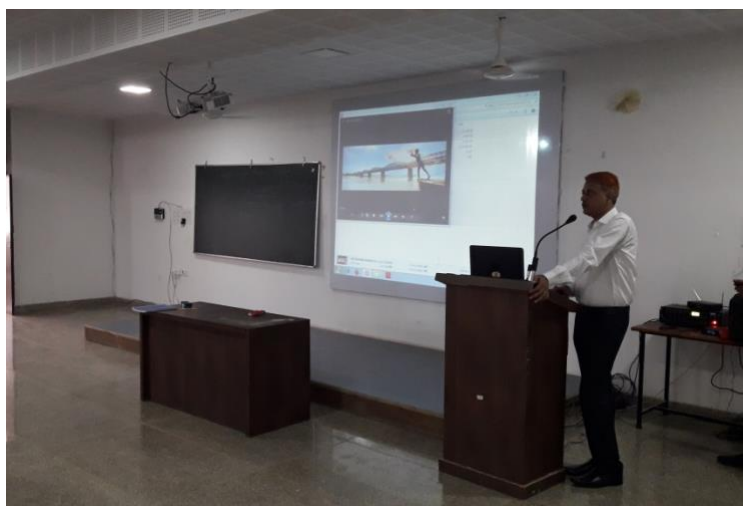
This session focused on Short-term studentship program by Indian council of Medical research. ICMR encourages students to engage in research activities and also provides grant for the same.

### **Session -10: Universal precautions**

Department of Microbiology has taken this session to sensitize students for standard operating procedures of universal precautions to be taken while handling patients's blood, body fluids, tissue and during surgery. This should be followed by all the doctors, nurses and health care support workers.

### **Session -11: Anti Ragging campaign by ADJ Rajsamand**

This session was taken as part of anti-ragging campaign of district legal service authority. As per the guidelines of Hon'ble Supreme Court of India, it is must to have this workshop in every institute. Session was delivered by Shri Narendra Kumar, addl. District and Session Judge, Rajsamand. Sir has highlighted definition of ragging, acts and punishments under these acts for ragging.



## **Session -12: Awareness by Role-play**

Students have done small role plays on topics like hand hygiene, addiction, food fads, immunization, personal hygiene, physical activity importance, green & clean environment, mental health and water conservation etc. to spread awareness among their colleagues. Session was organized by department of community medicine.



## **Session -13: Simulation in Medical Education & Health care**

This session focused mainly on simulation techniques available for health care and medical education like manikins, simulated OTs and labs to learn various cases, animated videos etc., their pros & cons as compared to traditional methods.

## **Session -14: What it means to be a medical student**

Objective of this session was to aware students about responsibilities as medical students towards their profession, society and family. Importance of sincerity for the subjects and how to get the best out of these to achieve the final goal.

### **Session -15: Assessment driven learning**

Students learnt about how to importance of assessment process and how to make improvement from this process.

### **Session -16: E learning**

This is modern teaching-learning tool suggested in competency based medical education. Students gain knowledge about various e learning tools available and how to use them apart from books.

### **Session -17: Immunization**

Department of pediatrics has taken this session to impart knowledge on immunization schedule, techniques and importance of immunization. Also students were encouraged to immunize themselves against various hospital acquired diseases.

### **Session -18: Language (English)**

This session mainly focused on verbal skills in English which may help students in viva and for communication.

### **Session -19: Language (Local)**

This interactive session was to learn about local language of this region which is 'Mewari'. Students learned about Mewari terminologies used in Surgery for history taking and examinations.

### **Session -20: Computer skills**

Students learned how to make & share document on Google drive. Short feedback questionnaires for foundation course was given and students made document for the same and shared with Medical education Unit.

### **Session -21: Sports & Extra-curricular activities**

Students actively participated in various sports like cricket, volley ball, badminton, table-tennis, carom, chess etc. In extra-curricular activities Rangoli competition, Poster & Mehndi competition was organized.

